



**First 5 California CARES Plus Program
*Looking at CLASSRooms™ Viewing Log***

Instructions: As part of the CARES Plus CORE Requirements, you are required to complete *Looking at CLASSRooms™* and to prepare and submit a log of your activities. Using the form below, please log the date(s) and time spent viewing the online training, and keep notes on ideas and ways to implement what you have learned into your early learning setting. Please take this form with you when you meet with your CARES Plus Advisor. Together you can review your responses, and this information will help you design and complete your own Professional Growth Plan. Attach additional sheets if necessary.

Date	Time Spent	Dimension Viewed	Reflection and Next Steps



Date	Time Spent	Dimension	Reflection and Next Steps

I certify that I have engaged in the above activities as part of my CARES Plus CORE requirements.

Participant Name: _____

Signed: _____ Date: _____

Advisor's review and signature: _____

Lead Agency Administrator signature: _____